

THE KHULISA “TOWARDS TOMORROW” YOUTH LEADERSHIP PROGRAMME

Programme Description

This leadership programme helps young people develop their skills as leaders while working on personal development. “Towards Tomorrow” is a practical programme in which youth are encouraged to put their skills into practice, organising events and functions that will aid other youth in their schools or communities.

Course Content:

- What Leadership Means
- Personal Development
- Teams
- Communication
- Vision
- Problem Solving
- HIV/AIDS *
- Important Paperwork
- Basic Counseling *
- Drug Awareness *
- Practical Application

* These sessions may be exchanged for topics more relevant to a particular group

Learning Outcomes:

- Increased self awareness
- Improved self management skills
- Improved self-esteem and self-image
- Improved leadership skills
- Ability to work effectively in a team
- Improved communication skills
- Stronger problem solving skills
- Appreciation for the importance of accurate paperwork (minutes of meetings, reports etc.)



Target Audience:

Young adults aged 18 – 35 who want to develop their leadership skills and make a difference for local youth

Programme Delivery:

The programme is delivered by experienced facilitators over a five day period.

Monitoring and Evaluation:

Each individual is required to complete a pre and post test that will test knowledge gain regarding the leadership topics covered in the programme.

The programme has a strong practical application that allows participants to take what they have learnt in the programme and apply it in a project that the participants choose to complete. This project will be evaluated for effective implementation and that skills learnt will be assessed during the implementation of the project.

Case Study:

Precious Matsetso was in Grade 11, living in Soweto, and becoming angrier day by day that her family was so disadvantaged. “I felt like I had no opportunities in life to look forward to and started bunking school and stealing small things from those that seemed to have more than I did. Then Khulisa started developing my leadership skills and a whole new world opened up for me. Together with my classmates, I started a feeding scheme at school, giving 50 of the poorest kids at school one meal every day. My life changed 180 degrees and my hopelessness changed to passion for uplifting my community and doing the best with what I have.”